

# Bernstein-like inequality for Markov chains

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CIRM (Marseille), 11.07.2017

## Classical Bernstein's inequality

If  $(\xi_i)_i$  is a sequence of i.i.d. (independent, identically distributed) centered random variables such that  $\sup_i \|\xi_i\|_\infty \leq M$  and  $\sigma^2 := \mathbb{E}\xi_i^2$  then:

$$\mathbb{P}\left(\left|\sum_{i=1}^n \xi_i\right| \geq t\right) \leq 2 \exp\left(-\frac{t^2}{2n\sigma^2 + \frac{2}{3}Mt}\right).$$

## Main Theorem (Bernstein-like inequality for Markov chains)

Let  $X$  be a geometrically ergodic, irreducible Markov chain with state space  $\mathcal{X}$  and let  $\pi$  be its unique stationary measure. Moreover, let  $f$  be a bounded, Borel function ( $\|f\|_\infty < \infty$ ) defined on  $\mathcal{X}$  such that  $\mathbb{E}_\pi f = 0$ . Then, for all  $x \in \mathcal{X}$ , there exists a constant  $\tau = \tau(X, x)$  such that for all  $t > 0$ , we have:

$$\mathbb{P}_x \left( \left| \sum_{i=0}^{n-1} f(X_i) \right| > t \right) \leq K \exp \left( - \frac{t^2}{100n\sigma_{Mrv}^2 + 2100\tau^2\|f\|_\infty \log(n)} \right),$$

where  $\sigma_{Mrv}^2 := \text{Var}_\pi(f(X_0)) + 2 \sum_{i=1}^{\infty} \text{Cov}_\pi(f(X_0), f(X_i))$  denotes the asymptotic variance of Markov chain  $X$ .

We have:

$$\left| \sum_{i=0}^{n-1} f(X_i) \right| \leq U_n(f) + V_n(f) + W_n(f),$$

where

$$U_n(f) := \left| \sum_{k=0}^{\sigma_0} f(X_k) \right|,$$

$$V_n(f) := \left| \sum_{i=1}^N s_{i-1}(f) \right|,$$

$$W_n(f) := \left| \sum_{k=n}^{\sigma_N} f(X_k) \right|,$$

# Idea of the proof of the theorem

where

$$s_i := s_i(f) := \sum_{j=\sigma_i+1}^{\sigma_{i+1}} f(X_j)$$

$$N := \inf\{i \geq 0 \mid \sigma_i \geq n-1\}.$$

Thus we must estimate the following probabilities:

$$\mathbb{P}(U_n(f) \geq t), \mathbb{P}(V_n(f) \geq t), \mathbb{P}(W_n(f) \geq t).$$

The crucial part lies in estimating:

$$\mathbb{P}(V_n(f) \geq t) = \mathbb{P}\left(\left|\sum_{i=0}^N s_{i-1}(f)\right| > t\right).$$

It is known that the sequence  $(s_i)_{i \geq 1}$  is 1-dependent and stationary. Moreover, it turns out that the problem of dealing with  $\mathbb{P}(V_n(f) \geq t)$  reduces (up to technicalities) to the following lemma:

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## Lemma

If  $(\xi_i)_{i \in \mathbb{N}}$  is a stationary, 1-dependent Markov chain such that  $\xi_i \in \mathbb{R}$ ,  $\mathbb{E}\xi_i = 0$ ,  $\sup_i \|\xi_i\|_\infty \leq M$  and  $\sigma_\infty^2 := \lim_{n \rightarrow \infty} \frac{1}{n} \text{Var}(\sum_{i=1}^n \xi_i) = \mathbb{E}\xi_1^2 + 2\mathbb{E}\xi_1\xi_2$ , then:

$$\mathbb{P} \left( \left| \sum_{i=1}^n \xi_i \right| \geq t \right) \leq 6 \exp \left( -\frac{t^2}{64n\sigma_\infty^2 + 12Mt} \right).$$

- Consider the natural filtration  $\mathcal{F}_i := \sigma\{\xi_j \mid j \leq i\}$  and  $Z_i := \xi_i + \mathbb{E}(\xi_{i+1}|\mathcal{F}_i) - \mathbb{E}(\xi_i|\mathcal{F}_{i-1})$ .
  - 1  $(Z_i)$  is 2-dependent
  - 2  $\mathbb{E}Z_i = 0$
  - 3  $\|Z_i\|_\infty \leq 3M$
  - 4  $\mathbb{E}Z_i^2 = \sigma_\infty^2$
  - 5  $\sum_{i=1}^n Z_i = (\sum_{i=1}^n \xi_i) + \mathbb{E}(\xi_{n+1}|\mathcal{F}_n) - \mathbb{E}(\xi_1|\mathcal{F}_0)$
- Now, we proceed as follows. Firstly, we establish Bernstein's inequality for  $Z_i$ :

$$\mathbb{P}\left(\left|\sum_{i=1}^n Z_i\right| \geq t\right) \leq \mathbb{P}(|Z_1 + Z_4 + Z_7 + \dots| \geq t/3) +$$

$$\mathbb{P}(|Z_2 + Z_5 + Z_8 + \dots| \geq t/3) + \mathbb{P}(|Z_3 + Z_6 + Z_9 + \dots| \geq t/3) \\ \leq 6 \exp\left(-\frac{t^2}{18n\sigma_\infty^2 + 6Mt}\right).$$

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Finally, without loss of generality  $t \geq 6M$  and:

$$\begin{aligned} \mathbb{P} \left( \left| \sum_{i=1}^n \xi_i \right| \geq t \right) &\leq \mathbb{P} \left( \left| \sum_{i=1}^n Z_i \right| \geq t/2 \right) + \\ &\mathbb{P} ( |\mathbb{E}(\xi_{n+1}|\mathcal{F}_n) - \mathbb{E}(\xi_1|\mathcal{F}_0)| \geq t/2 ) = \\ \mathbb{P} \left( \left| \sum_{i=1}^n Z_i \right| \geq t/2 \right) &\leq 6 \exp \left( -\frac{t^2}{64n\sigma_\infty^2 + 12Mt} \right). \end{aligned}$$